

**Sara Pesina** Executive Director

244 Main St P.O. Box 1821

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November 4, 2014

Texas Rural Communities, Inc. Attn: Sandra Tenorio 168 Cimarron Park Loop Buda, TX 78610

Dear Ms. Tenorio:

We greatly appreciate the opportunity to apply for funding from Texas Rural Communities. While we embrace our rural community as a desirable place to live, work, and raise our families, we are also faced with many challenges to maintain a certain degree of quality of life. Social services in general have been hit hard by decreases in funding; unfortunately, Big Brothers Big Sisters of Hereford was also affected by the legislative budget cuts.

Therefore, we are pleased to submit our application for Impact Grant funding from Texas Rural Communities in the amount of \$12,000.

Enclosed please find our Program Summary, application with six additional copies, attachments including our list of Board of Directors, current fiscal year budget, balance sheet, income/expense statement, and two letters of recommendation.

Our program is vitally important to our children and their families, as well as to our community as a whole. Our children are the future of our community and a worthy investment for Texas Rural Communities. We thank you for your kind consideration of our request.

Sincerely,

Sara Pesina

Executive Director

enclosures







# Big Brothers Big Sisters of Hereford Program Summary

Big Brothers Big Sisters of Hereford has a 40-year history in our community of serving at-risk and disadvantaged children and youth with our program.

We offer our youth development program to eligible children and youth ages 7-18 for the purpose of academic achievement and character education. Our program is offered through site-based mentoring and through community-based mentoring. We provide the majority of program materials for our matches. We match screened and trained volunteer mentors with enrolled children in one-to-one match relationships. The matches receive guidance and support from the agency. Progress and outcomes are monitored through a variety of measurement tools.

The program's main goal is to help children achieve their highest potential through their one-to-one match relationship with their volunteer. This is accomplished through regularly-scheduled face-to-face meetings totaling 4-6 hours per month. Children in our program enjoy learning with the help of their volunteer mentor. They gain a better grasp of their academic subjects and learn positive social, developmental, and decision-making skills.

Children are referred by a multitude of sources in the community. Agency staff and board continually recruit volunteer mentors to serve the long list of referred children. Some staff and board members volunteer in the program. Children served in the program are primarily minorities from low-income households. Our services are offered free of charge and on a non-discriminatory basis.

All volunteers are thoroughly screened and trained prior to being matched with a child. Our volunteers include community pillars, corporate employees, judges, law enforcement officials, school administrators, teachers, high school students, retirees, and homemakers.

Our program is 100% publicly funded by donations, fundraisers, grants, corporate gifts, and United Way. We are restricted to two fundraisers annually by United Way.

Our program is enthusiastically endorsed by our community as evidenced by the enclosed letters of support. We are requesting \$12,000.

### I. Contact Information

Sara Pesina
Executive Director
806-364-6171
sara@bbbshereford.org

Big Brothers Big Sisters of Hereford 244 Main Street P.O. Box 1821 Hereford, TX 79045

# II. Organizational Description

#### Mission Statement

The mission of Big Brothers Big Sisters of Hereford is to make a positive difference in the lives of children and youth through the professionally-supported one-to-one match relationship with a caring adult mentor thereby empowering these children and youth to achieve their highest potential.

### Organization

Big Brothers Big Sisters of Hereford is a full affiliate in good standing of Big Brothers Big Sisters of America (BBBSA). BBBSA sets the standards of practice for its more than 450 affiliate agencies across the United States. We receive approximately \$200.00 annually from BBBSA. Big Brothers Big Sisters of Hereford is also a United Way member agency.

Big Brothers Big Sisters of Hereford is governed by a diverse 10 member volunteer board of directors. Agency staff consists of one full-time executive director, two part-time match support specialists, and two part-time site-based monitors. Our volunteer pool consists of approximately 210 screened and trained individuals.

# <u>Purpose</u>

Big Brothers Big Sisters of Hereford recognizes the positive, life-changing impact that a caring adult mentor can have on a child. Considering the numerous factors that place a child at risk including but not limited to poverty, minority status, learning disabilities, family history of crime and/or violence, and living in an under-served rural area, the protective factor of a volunteer mentor in the life of a child is a powerful counterpoint to those risk factors. Our mentors offer their friendship, guidance, and support in one-to-one matches with children and youth ages 7-18. Children and youth become more confident, competent, and caring individuals through their match relationship with a

consistent, committed volunteer mentor. Our program is preventive in nature with participants less likely to hit someone, less likely to engage in anti-social behaviors such as drug and alcohol use, and less likely to skip school or engage in serious misconduct. Empowered young people strengthen their families, their schools, and their communities.

#### History

Big Brothers Big Sisters of Hereford has served the community's disadvantaged children and youth since 1974. We are an IRS-registered 501(c)(3) non-profit organization. Our services are offered free of charge and on a non-discriminatory basis to all program participants. Our agency served a total of 200 children in 2013.

### **Accomplishments**

Big Brothers Big Sisters of Hereford has received several recognition awards for growth from Big Brothers Big Sisters of America. One of our greatest accomplishments is when a child who has successfully completed our program later applies with our agency to be a volunteer. These are success stories that we whole-heartedly celebrate because we know that our graduates have become productive citizens of society. We have been successfully serving children in Hereford for 40 years.

## III. Program Description

#### Community need

Hereford, Texas, population 18,374, is located in Deaf Smith County which has a low population density of 12 people per square mile. The 2010 census lists the median household income for Hereford as \$33,680 with 19.3% of the population living below the poverty level. Hereford's median household income and poverty levels are lower than that of the state of Texas, and the state of Texas numbers are lower than the national levels. Hereford Independent School District is a Title I school district with 76.78% of students receiving free or reduced lunch. These statistics combine to illustrate the lower economic status of a large segment of our rural community's population. Additionally, Hereford has fewer resources available for its young people than other geographic locations.

Big Brothers Big Sisters of Hereford's program provides vital, unduplicated services to the community's at-risk children and youth. We work with school administrators, community pillars, the judiciary, law enforcement, probation departments, and churches to identify eligible children. We match disadvantaged children and youth with trained, caring, and committed volunteer mentors for the purpose of higher academic achievement and character education. These are one-to-one matches—one child, one

volunteer. Our program is so successful because of the one-to-one structure of the match relationship. Few children have the opportunity to be the focus of a caring adult during the course of their day. We applaud our teachers for their great work; however, the size of the average classroom makes it impossible for teachers to spend a concentrated amount of time with each of their students. Furthermore, with more and more families suffering from various fractures and parents working shifts, many children do not receive this beneficial focus in the home either. Our volunteers are making a positive difference in the lives of children by focusing on them as little as one hour a week. Children in one-to-one match relationships feel better about themselves. Children who feel better about themselves do better in school. That is the power of the one-to-one match relationship.

# Program Description, Goals & Objectives

Enrolled children are each matched with a volunteer mentor who meets with them for approximately 4-6 hours a month. Our school-based matches meet at the schools while our community-based matches get together in the evenings or on weekends. Additionally, there are numerous agency-sponsored activities that matches can attend. Matches are supervised by agency match support specialists who "check in" to monitor progress and offer assistance when needed.

Goals are set for each enrolled child, specifically with regard to higher academic achievement and positive character development. Our match support team has frequent, regularly-scheduled communication with each child, his/her teacher, parent/guardian, and volunteer mentor.

Volunteers assist children with their homework assignments, concept comprehension/mastery, reading skills and retention, test preparatory instruments, character education through games, role play, and activities; social and behavioral issues through positive role modeling; and anti-bullying materials, as well as offering friendship, guidance, and support.

### Program Demographics

Our program serves children and youth ages 7-18 who are referred for a plethora of reasons including being raised in a single-parent or extended family-member home, at risk of academic failure, for positive character development, and for help with behavioral issues.

Ethnicity of individuals in our program is 84% Hispanic, 3% African American, <1% Native American, and the remainder is Caucasian. We serve 52% boys and 48% girls. We expect to serve approximately 220 children in 2013.

### **Impact Grant Information**

- Our program is unique in that it is not a drop-off service. There is one individual for each child in our program who meets with that child on a regular basis.
- BBBS collaborates with numerous community and state groups including Community Resource Coordination Group, adult and juvenile probation, the school district, YMCA, City of Hereford, Big Brothers Big Sisters of Texas, Texas Education Agency, Department of Family and Protective Services, Department of Public Safety and Child Protective Services.
- BBBS serves over 200 children annually.
- BBBS is a conservative and responsible steward of resources.
- Our school-based program has been successfully replicated at four additional schools since its inception in 2000.
- Our program's success is communicated through a variety of channels including newspapers, radio stations, social media, emails, other social service organizations, community presentations, brochures, and at community events.

#### Proposed Budget

Our request is for an impact grant in the amount of \$12,000 to partially replace grant funding that was entirely eliminated or decreased by more than 50% and has not been re-instated. These funds are mission critical to enable us to continue to serve new clients and sustain existing clients. A lesser amount is acceptable should TRC be unable to grant our requested amount.

- 1. Program Materials consisting of activity workbooks, reading books, educational games, character development curricula, charts, puzzles, craft supplies, incentive prizes, crayons, refreshments, dictionaries, and card stock paper. Annual expense = \$4,000; requesting \$2,000.
- 2. Administrative Supplies necessary to provide client services including applications, surveys, program evaluation tools, and cost-effective laser printer cartridges.

  Annual expense = \$3,000; requesting \$1,000.
- 3. Liability Insurance that we are required to carry at prescribed levels by Big Brothers Big Sisters of America. Annual expense = \$4,000; requesting \$1,350.
- 4. Communications including land phone lines, mobile units and internet, all necessary to provide a smooth interface with clients, families, schools, and volunteers. Annual expense = \$2,500; requesting \$1,500.
- 5. Training materials for volunteers to help them be the best mentors possible for our clients. Annual expense = \$2,500; requesting \$750.
- 6. Copier lease and copy charge that is more cost effective than paying an outside service. Annual expense = \$1,200; requesting \$400.

- 7. Postage for all client, volunteer, family, and school mailings that is essential for our program. Annual expense = \$800; requesting \$400.
- 8. Mileage necessary for agency staff to travel to program locations. Annual expense = \$1,000; requesting \$600.
- 9. Occupancy (including utilities) of office space utilized for but not limited to client, family, and volunteer intake processing, program activities, and volunteer training. Annual expense = \$8,600; requesting \$4,000.

Total = \$12,000

Note: Any amount that you can offer would be accepted and sincerely appreciated

### Expected Outcomes & Measurement Instruments

The expected outcomes of our program are that 85% or more of enrolled children will demonstrate increased scholastic efficacy (competence), strengthened interpersonal relationships (caring), and increased self-esteem (confidence). We are also looking at Branching out to the community of Friona, and giving children in their elementary school the opportunity to have one-to-one mentors.

We utilize several instruments to measure our program's impact. Our Program Outcome Evaluation (POE) is administered semi-annually and is completed by each child's volunteer and teacher or parent/guardian. The POE relates to the child and tracks 21 points under the categories of confidence, competence, and caring. Additionally, we administer the Youth Outcome Survey on an annual basis that consists of 10 questions about the match relationship and is completed by each child. These measurement tools provide Big Brothers Big Sisters of Hereford with an accurate snapshot of each of our matches and allow us to monitor each child's progress throughout the year.

#### Timeline

The timeline for our program and expenditure of proposed grant funds would be for twelve months and commence when grant funds were received.



# 2014 BOARD OF DIRECTORS

NAME	ADDRESS	WORK #	HOME #
Diego Barela President-Major	4010 US Hwy 385 USMC (retired), Se	326-2666 nior Marine Instruct	584-1016 or
Danny Jones 213 Fir St 364-0625/344-6071 364-0625 President-Elect-Chief Appriaser, Deaf Smith Country Appraisal District			
		363-8224 , First Financial Ba	
	4755 Hwy 385 teacher/homemaker	578-4549/344-2449	578-4549
J. Dale Butler Board Member-Sher	103 Pecan iff of Deaf Smith C	364-2311	640-4355
	719 Seminole dler Insurance Busi		346-1845
	141 Juniper cipal Judge, City o		344-6722
		364-0606 Hereford Independen	
Richard Sauceda Board Member-Principal,		363-7620	364-5183
		394-2265 State Bank, Herefor	
AGENCY STAFF			
Sara Pesina Executive Direct	142 N. Texas or	364-6171/344-2522	364-4120
Elsa Barrientez Match Suppport Sp		364-6171/367-1387	364-0805
Kathie Kerr Match Support Spe	126 Pecan cialist	364-6171/344-2978	364-3975



Hereford Independent School District 601 N. 25 Mile Avenue Hereford, Texas 79045 (806) 364-0606 or 363-7600 Fax: 806-363-7699

Website: www.herefordisd.net

October 29, 2014

To whom it may concern,

Big Brothers Big Sisters of Hereford (BBBS) recognizes that at-risk children in first through fifth grades need one-on-one attention to help them succeed in their academics and in their positive personal development. Children receive weekly encouragement, become more self-confident and expressive, achieve higher academic success, and have a better sense of the future. The school program that we enjoy is also preventative in nature, offering weekly opportunities for early intervention with regard to anti-social behaviors. Studies of BBBS one-on-one mentoring programs show that mentored children are 52% less likely to skip school;46% less likely to initiate illegal drug use; 27% less likely to initiate alcohol use; and 32% less likely to hit someone. Mentored children are also more confident in their schoolwork performance and demonstrate improved relationships with their family, peers, and other adults. Big Brothers Big Sisters recognizes that empowered children strengthen our families, schools, and communities.

The BBBS program runs from October to May each school year. BBBS fully administrates all programs: works with the school administration for referrals; provides all referral and introductory assessment forms; recruits, interviews, screens, and trains all volunteers; provides all program materials and necessary supplies; provides on-site program supervision; offers on-going match support to both the child and volunteer; maintains client and volunteer databases; provides program news to the local media; presents program information and volunteer opportunities to the community; and conducts annual program evaluation and reporting.

The Big Brothers Big Sisters program has a proven record of success in the Hereford community and schools. BBBS deserves the attention and support of funding campaigns. Your assistance is critical to keep this valuable program in our schools, working for our children.

Respectfully,

Kelli A. Moulton Ed.D.



November 3, 2014

Texas Rural Communities, Inc. 168 Cimarron Park Loop Buda, Texas 78610

To Whom It May Concern:

I am writing this letter of recommendation in support of Big Brothers Big Sisters of Hereford, TX for their grant application for continuous operations to the structure and programming of their Hereford center.

This program is critical in providing services that will enhance the livelihood of the youth in our community. The one-on-one matching of community leaders and children provide a unique model of support that will enable each child to be successful in today's society, thus it remains a model for other communities in the nation for its success, longevity, and unique niche in meeting the needs of young people. Every year, countless number of children are mentored and empowered to become better students, individuals and leaders.

Amarillo College Hinkson Memorial Campus of Hereford has supported the services of Big Brothers Big Sisters as it provides a clear plan for goals and the future of our youth. BBBS gives our children the mentorship and support they need in order to become excellent future leaders of our community. With these added benefits, BBBS gives our youth the foundation to be able to continue their education beyond high school and become outstanding citizens.

If I can answer any questions or provide additional information, please do not hesitate to contact me at  $(806)\ 379-2700$  or by email at  $\underline{\text{dmesquivel@actx.edu}}$ .

Sincerely,

Daniel M Esquivel

**Executive Director** 

Amarillo College Hinkson Memorial Campus